

# YOUR MAGIC SEED

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Imagine you've been given a magic seed.

It's very special.

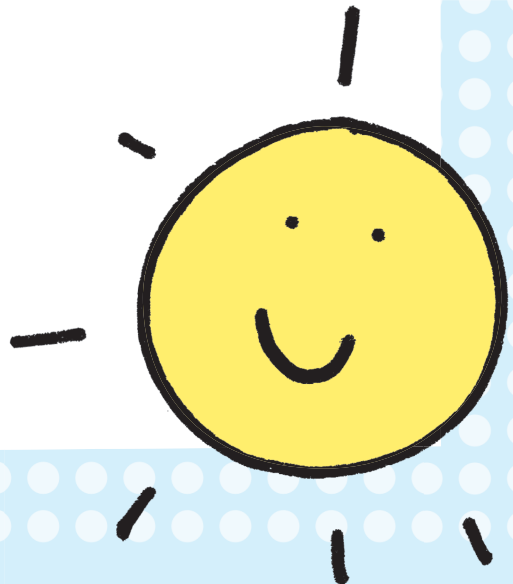
It's very small, but it's very powerful.

Every day you water your magic seed and it grows very slowly, but very steadily.

As you water it very carefully, you notice that it gives you **COURAGE**, **CONFIDENCE** and **BRAVERY**, so you enjoy watering it and watching it blossom and bloom.

By doing your '**Can-Do Kid's**' Journal every day you'll be creating your very own confidence habit that will last a lifetime - just like your magic seed.

Colour in your '**Can-Do Kid's**' confidence garden.





# MY FAVOURITE MEMORIES...

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Choose four memories that are special to you and draw them or cut out pictures and stick them on this page.

MEMORY ONE

MEMORY TWO

MEMORY THREE

MEMORY FOUR