



## 1. Democracy: The Great Family Vote

- **The Concept:** Everyone has a voice, and we make decisions together.
- **The Task:** Organize a family vote for a weekend activity (e.g., what movie to watch or what to have for dinner).
- **The Twist:** Create "ballot papers" and a "ballot box." Before the vote, each person gets 30 seconds to "campaign" for their choice.
- **Reflection:** Ask your child: "How does it feel when your idea is listened to, even if your choice doesn't win?"

## 2. The Rule of Law: Household Heroes

- **The Concept:** Rules keep us safe and make life fair.
- **The Task:** Identify three "Golden Rules" in your house (e.g., "We use kind hands" or "We clear our own plates").
- **The Creative Bit:** Design a Safety Poster for one of these rules. Why is it there? Who does it protect?
- **Challenge:** Imagine a day with zero rules. Write or draw what that chaos would look like!

## 3. Individual Liberty: My Unique Shield

- **The Concept:** We are free to be ourselves, have our own hobbies, and make our own choices.
- **The Task:** Draw a large shield divided into four sections.
- **Fill it in:** In each section, show something that makes you YOU (e.g., your favourite hobby, a dream job, your favourite food, or a belief you hold).
- **Discussion:** Talk about how lucky we are to live in a place where we can choose our own paths.

## 4. Mutual Respect: The Kindness Cup

- **The Concept:** Treating others how you would like to be treated.
- **The Task:** Find a clean jar or cup. Every time you see someone in your house do something kind or respectful, write it on a slip of paper and put it in the jar.
- **The Goal:** See how full you can get the "Kindness Cup" by the end of the week.
- **Reflection:** How does it feel when someone notices you being respectful?

## 5. Tolerance: The World on My Street

- **The Concept:** We respect people who have different traditions or religions from us.
- **The Task:** Create a "Culture Fact-File." Research a religion or culture that is different from your own.
- **The Discovery:** Find out: One traditional food they eat, one special festival or holiday they celebrate (e.g., Diwali, Eid, Hanukkah, or Easter), how you say "Hello" in a language associated with that culture?
- **Reflection:** Even though we might believe different things, what things do we all have in common?