

(1) I avoid this if I can.



(2) I am very anxious about this.



(3) I feel anxious/uncomfortable about this.



(4) I feel comfortable about this.



(5) I enjoy this.



Scale

(1)

I avoid
this if I
can.



(2)

I am very anxious
about this.



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uncomfortable
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(4)

I feel comfortable
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I enjoy this.



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I am very anxious
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(4)

I feel comfortable
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(5)

I enjoy this.



1. Coming into school in the morning



2. Hanging up my coat or putting my bag in the cloakroom



3. Going into the classroom when the children are all moving



4. Finding my job to do when I come in



5. Finding a place where I can sit



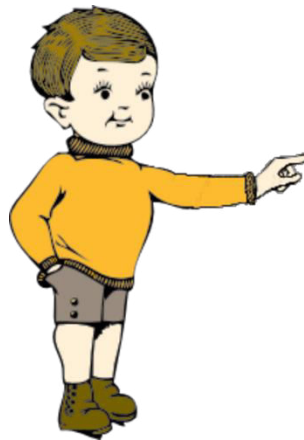
6. Carpet times



7. Lining up with my class



8. Choosing times



9. Going out to play



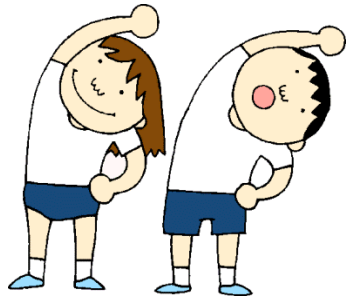
10. Sitting in the dining hall with other children



11. Changing for
P.E.



12. Joining in
with games, P.E.,
dance



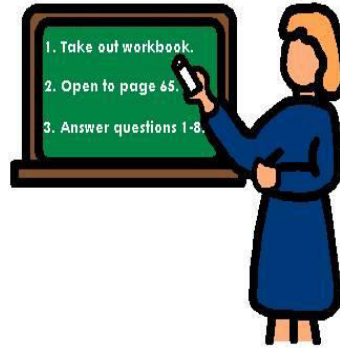
1. Answering questions in class



2. Listening when the teacher explains what we are going to do



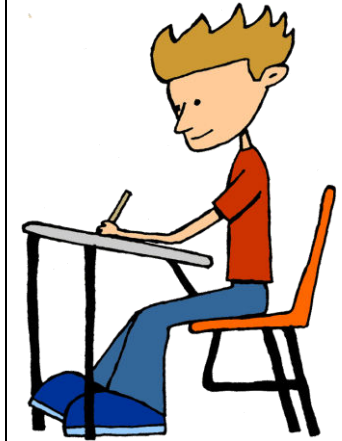
3. Following instructions



4. Knowing what to do to start a task



5. Working on my own.



6. Working with a learning partner



7. Working in a group



8. Asking a teacher for help when I have not understood something



9. Working in a quiet class



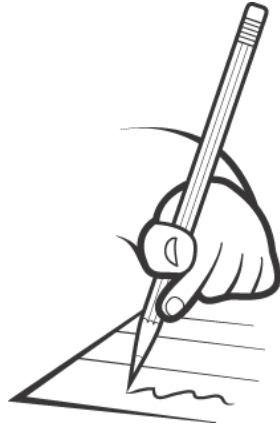
10. Working when other children are messing about



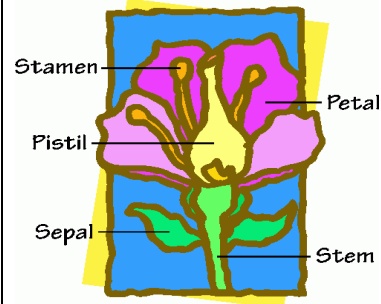
11. Reading aloud
in class



12. Written work
- handwriting



13. Recording
what I have
done in pictures,
diagrams or
graphs



14. Using the
computer to
record what I
have done



15. When the
teacher tells
off other
children



16. When the teacher is marking my work



17. When I go into class and my usual teacher is not there.



18. Making sure that I have all the books and equipment I need for the task



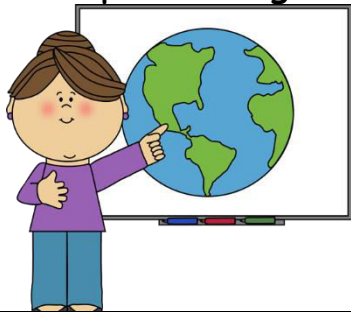
19. When I have a learning support assistant (LSA) supporting me in class



20. When I have to stop what I am doing before I have finished



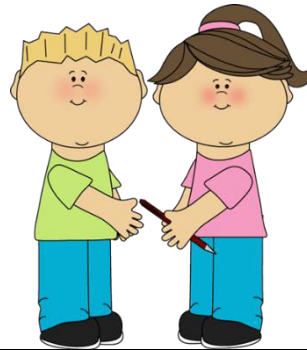
21. When the teacher uses pictures, diagrams, videos, etc. to help to explain things



22. Homework



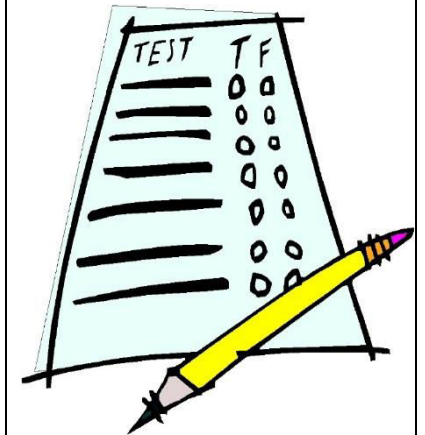
23. Sharing equipment in practical lessons, e.g. art or DT



24. When other children try to distract me



25. Class tests and assessments



1. Greeting other students in the tutor group in the morning



2. Walking down corridors at class changeover time



3. Lining up to go into the classroom before a lesson



4. In class, if there is no teacher in the room



5. Waiting to go into the canteen for lunch



6. Buying food in the canteen



7. Sitting in the canteen



8. Break times when I have to go out with the other students



9. Changing for PE/games



10. Taking part in PE/Games



11. Talking to subject teachers



12. Talking to support staff/staff



13. Getting to school and home from school:
walk/bus/taxi



14. Talking to other students in my tutor group



15. Talking to classmates



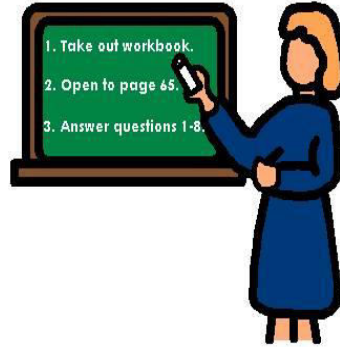
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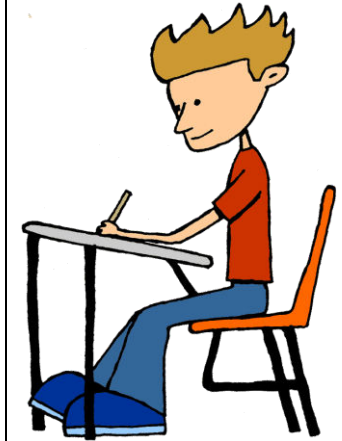
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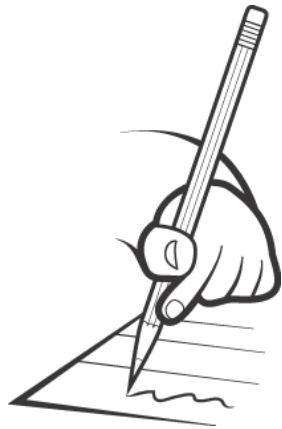
10. Working when other children are messing about



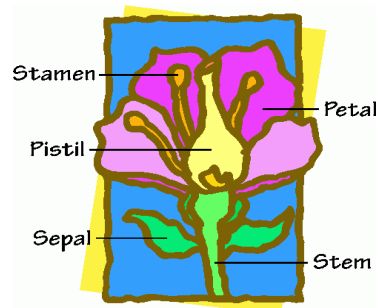
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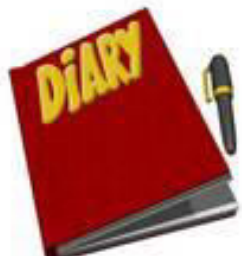
19. When our class has been moved to a different room



20. Making sure that I have all the books and equipment I need for the class



21. Writing down homework so that I understand what to do when I get home



22. When I have a learning support assistant (LSA) supporting me in class



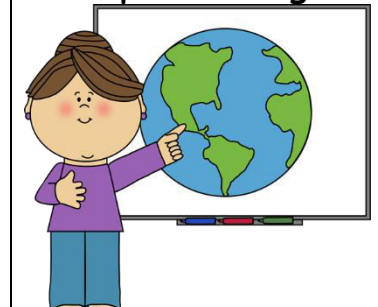
23. When I have to stop what I am doing before I have finished



24. When the teacher writes down what we have to do as well as telling us



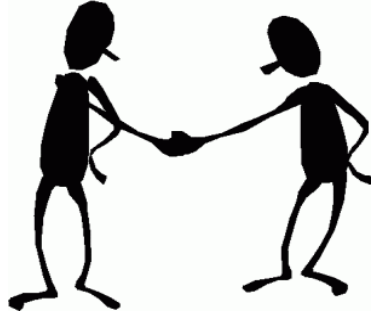
25. When the teacher uses pictures, diagrams, videos, etc. to help to explain things



26. Homework



27. Sharing equipment in practical lessons, e.g. art or DT



28. When other students try to distract me



29. When the teacher introduces a new topic that I know little or nothing about



30. Class tests and assessments

